



# Capoeira Narahari

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## (IX) CORDEL AZUL "Blues Cord"

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### GOLPES: Movements

	Right	Left
Arranha .....	_____	_____
Balduino .....	_____	_____
Telefone .....	_____	_____
Salto mortal .....	_____	_____
Mortal de frente .....	_____	_____
Tombo da ladeira .....	_____	_____
Godeme .....	_____	_____
Vôo sem asa .....	_____	_____
Vôo do morcêgo .....	_____	_____
Balão cinturado .....	_____	_____
Total .....	_____	_____

### SONGS:

Preta velha .....	_____
Corda sim barbante não .....	_____
Jaya Sri Krishna Caitanya .....	_____

### RHYTHMS:

Berimbau - Morte do capoeira .....	_____
Pandeiro - Samba enrêdo .....	_____
Agogô - Samba enrêdo .....	_____
Atabaque - Rumba .....	_____
Tamborim - Samba enrêdo dobrando .....	_____

Examiner: \_\_\_\_\_

Signature: \_\_\_\_\_